

Academy of the Visitation

CABANNE AVENUE
SAINT LOUIS

Accredited by

The NORTH CENTRAL ASSOCIATION OF COLLEGES
and SECONDARY SCHOOLS

The MISSOURI STATE UNIVERSITY

The ST. LOUIS UNIVERSITY

WASHINGTON UNIVERSITY of ST. LOUIS

NINETY-SEVENTH
ANNUAL COMMENCEMENT

1929-1930

CALENDAR, 1930-1931

September	9, Tuesday	Entrance and Registration.
December	19, Friday	Christmas vacation begins, 3 p. m.
January	5, Monday	Classes are resumed, 9 a. m.
February	2, Monday	Second Term begins.
April	1, Wednesday	Easter vacation begins, 3 p. m.
April	7, Tuesday	Classes are resumed, 9 a. m.
June	10, Wednesday	Commencement Day.

SPECIAL DAYS

October	17, Friday	Feast of Saint Margaret Mary.
November	27, Thursday	Thanksgiving Day.
December	8, Monday	Feast of the Immaculate Conception.
January	29, Thursday	Feast of Saint Francis de Sales.
May	14, Thursday	Feast of the Ascension.
June	4, Thursday	Feast of Corpus Christi.

Academy of the Visitation

THE Academy of the Visitation of Saint Louis was founded from the Visitation Convent of Georgetown, D. C., in 1833, under the patronage of Right Reverend Joseph Rosati, Bishop of Saint Louis. It was chartered in 1855.

Situated on a beautiful, elevated site, the Academy has an extensive range of buildings, with well-equipped class-rooms, laboratories, art studio, music rooms, study, and recreation halls. The spacious grounds with their shady walks and courts, have in abundance everything conducive to love for outdoor sports.

The Academy is accessible in about thirty-five minutes from the business portion of the city by means of the Delmar electric cars which run near the Convent on the south, and the Hodiamont on the north.

GOVERNMENT

The government of the Academy is eminently maternal. Every effort is made to compensate children for separation from home and friends. The students are subjected to such discipline only, as is essential to good order and to the formation of habits of self-control, which constitutes the foundation of happiness in after life. No one who evinces a spirit of insubordination too strong to be overcome by the mild but firm discipline of the school will be kept. The same is true of those who do not prove equal to the recommendation on which they were received.

EDUCATION

The purpose of the Academy is to educate in the fullest sense; that is, to give such training as will develop the stu-

dents physically, mentally and morally, so that they may go forth "Great, strong, valiant women, to stand for virtue, to stand for God."

The physical development is taken care of by the Athletic Association of which every student is expected to become a member. The foundation of the elements of knowledge and of the fitting of the student for a proper interpretation and appreciation of life, is laid in the complete, well-balanced system of studies which is arranged to secure a continuous and normal development adapted to the mental growth of the student. In its moral training, the purpose of the Academy is to build up the character of the students so that they may become good and useful members of society, fulfilling admirably all their duties, civic, social, and religious. Since Religion is the only solid basis of morality, thorough instruction in religious principles forms part of this system. The cultivation of Christian virtues is emphasized, and all students are required to practice the "little virtues" of cultured society.

RELIGIOUS TRAINING

Christian Doctrine receives special attention. Catechism, Church History, and the Gospels are taught in graded classes. Instructions are given weekly in each department.

Non-Catholic students are required to be present during these classes, though they are not obliged to recite.

The Academy is an authorized center of the League of the Sacred Heart and the Apostleship of Prayer. On each First Friday, there is a special Mass, Holy Communion, and instruction for all the students. The various Sodalities of the Blessed Virgin hold weekly meetings.

PHYSICAL TRAINING

Physical Training of young girls is of the utmost importance, for upon the healthful development of the girl depends, in a

great measure, the happiness and well-being of the woman. A learned Jesuit once said that the most essential factors for a perfect life are found in the embodiment of the three H's—Health, Holiness, and Happiness, and that the shortest route to the acquisition of the factors is through life in God's great outdoors. With this ideal in view athletic life is made a special feature of the school.

The Students' Athletic Association is under the guidance of a certified instructor who conducts the games either in the perfectly-equipped gymnasium or in the spacious grounds where there are ample facilities for hockey, tennis, basket-ball, baseball, volley ball, and captain ball. Silver loving cups are given as prizes by friends of the Association, in order to encourage competition among school teams and class teams.

Match games played between classes and an annual tennis tournament arouse intense school spirit. During the first part of May, after the girls have put forth their best efforts under the direction of a competent coach, the year's achievements culminate in Field Day. Letters and pennants are awarded to the members of the winning teams.

SCHOLASTIC YEAR

The scholastic year is divided into two sessions. The first begins about the middle of September and closes on the last day of January; the second begins about the first day of February and closes with the Commencement exercises in June.

Students are received at any time during the year, and charges are made from the date of entrance.

Parents and guardians are informed of the progress of their daughters or wards at stated intervals.

SUPERVISED PLAY

For the pupils in the primary and preparatory departments, there will be one hour of supervised play after the regular

school hours. A competent instructor will be in charge, and no child will be excused. The play will be followed by one hour's study, so as to do away as much as possible with "homework." Therefore no child will be allowed to leave the Academy until five.

ADMISSION

Students are admitted either by entrance examination, or through properly certified credits of work done in other accredited schools. These should be sent in advance to the Directress from the school which the student last attended.

AFFILIATIONS

The Academy is accredited in all its regular courses to the Saint Louis University, the University of Missouri, and the Washington University of Saint Louis.

GENERAL REGULATIONS

Two business and two social references are required for the admission of a student.

Funds for personal and incidental expenses must be deposited with the Directress to be drawn upon as needed. No money will be advanced for such expenses. Students must be supplied also with stationery, postage, etc.

The Academy will not be responsible for jewelry or other valuables.

Damage to school property will be charged to the student.

A correspondence and a visiting list signed by the parents or guardians is required for each student. Letters written or received are subject to inspection.

All literature brought to the house must be submitted to the Directress for approval.

Students may receive visitors on Saturdays and Sundays; the visiting hours terminate at five o'clock. On school days no one is accessible to callers except on extraordinary occasions.

Parents are requested not to call up the school except in cases of necessity.

Students in good class standing and deportment are allowed to spend week-ends at home. Those who fail to return at the appointed time forfeit their honors.

The Academy will not be responsible for articles left at the school during summer vacation.

DAY STUDENTS

Day students are subject to the rules of the Academy. They are required to conform to regulations regarding uniforms, shoes, and sweaters. They are not allowed to take out letters or attend to commissions for boarders without permission from the Directress.

Without written request from parents, students are not permitted to leave the Academy before the close of school; nor should appointments with dentist or dressmaker be made during school hours.

WARDROBE REGULATIONS

For winter wear, the uniform for the older students is a dark navy blue Peter Thompson serge dress, trimmed with black braid. The same serge (or lighter weight) with uniform middy blouses are substituted as the spring and fall uniform. These middies are laundered at the student's expense. The skirts must be twelve inches from the ground, or they will be altered at the Academy and the work charged to the student's account.

For the Primary Department, the required uniform is a dark blue one-piece frock (wash material).

For occasional use and Commencement Day, a white dress in the same style as the blue uniform is required. For Commencement Day, white shoes are worn.

Students are to wear, at all times, brown shoes, and stockings to match. It is preferred that the heavy shoes be provided with rubber heels. Neither sport shoes nor French heels are allowed.

Parents are requested to prevent students from bringing to school, clothing or jewelry that they are not allowed to wear.

In addition to the uniforms, students must be provided with the following articles before entering for the fall term:

For Academics and Preparatories

2 dark blue serge uniforms	1 pair blue serge gymnasium bloomers
1 white uniform	
6 uniform middy blouses	1 pair gymnasium or tennis shoes
6 plain night dresses with sleeves	
1 black silk half-tie	1 dark blue regulation sweater with dark tam cap

For Primaries

4 dark blue uniform dresses	6 pair pajamas
2 white uniform dresses	4 bloomers to match uniform
1 dark blue heavy sweater with dark tam cap	2 white bloomers

Additional Articles Required For All

6 complete changes of underwear	6 dinner napkins
24 handkerchiefs	6 towels
12 pairs brown stockings	4 bath towels
2 pairs of heavy brown shoes	6 wash cloths
1 pair rubbers	1 double blanket
1 pair bedroom slippers	1 dressing table
1 kimona	1 small rug
1 bathrobe	1 hot water bottle
	1 laundry bag
	All necessary toilet articles

An inventory of the above must be sent with each trunk.

Students, before entering, must have all articles marked with woven number or name in full, and have an extra supply of these markers at the school.

EXPENSES FOR THE SCHOLASTIC YEAR

Entrance Fee (to be paid but once)..... \$ 5.00

Resident Students—

Academic Department—Tuition in regular course:

Board, plain Laundry (limited), Ordinary Infirmary
charges 500.00

Preparatory Department 450.00

Students' Rooms \$50, \$60, 70.00

Day Students—

Tuition—Academic Department 150.00

Preparatory Department 100.00

Primary Department 100.00

Luncheon at the Academy Cafeteria

Music—

Piano 100.00

Vocal 100.00

Violin 160.00

Harp 125.00

Harmony (private lessons) 50.00

Art—

Drawing, crayon, designing, China painting, water
color, pen etching, etc. 70.00

Home Economics 40.00

Laboratory Fee 15.00

Graduation Fee 20.00

Expression and Dancing at Professor's charges.

A Chaperon will be required for shopping, visits to dentist, and on other occasions. A special charge is made for such services.

Payments are made in advance, at the beginning of each scholastic semester—September and February.

No honors or promotions of any kind will be conferred upon students whose financial accounts have not been previously and satisfactorily settled. No student will be registered for a new scholastic year unless her account for the previous year is settled. Interest will be charged on bills of sixty days' standing.

No deduction will be made for late entrance, withdrawal—except dismissal—nor for absence, except in case of serious illness of four consecutive weeks, when the charges will be shared by student and school.

When two or more of one family enroll as students, a reduction of ten per cent is allowed on tuition.

Business communications should be addressed

DIRECTRESS OF THE ACADEMY OF THE VISITATION,
Cabanne and Belt Avenues.

Academic Department

COURSE OF STUDY

Three courses of study are offered; each extending through four years of high school work:

- (1) General Course.
- (2) Classical Course (College Preparatory).
- (3) Scientific Course (College Preparatory)

Sixteen units in Academic subjects are required for graduation.

Two years' attendance at the Academy is required for graduation.

The Academic Diploma is conferred upon those students who have completed the work prescribed.

Election of subjects should be referred to the approval of the Directress.

A Commercial Course and courses in special subjects are offered to those students who may desire them.

All Catholic students take the full four years' course in Religion.

Academic Department

GENERAL COURSE

Required		Electives
English.....	4 units	French
Latin.....	2 units	Spanish
Modern Language.....	2 units	History
Social Science.....	3 units	Mathematics
Mathematics.....	2 units	Science
Science.....	1 unit	Music
Physical Education.....	1 unit	
Elective.....	2 units	

CLASSICAL COURSE

(College Preparatory)

Required		Electives
English.....	4 units	French
Latin.....	4 units	Spanish
Modern Language.....	2 units	Science
Social Science.....	3 units	Music
Mathematics.....	2 units	
Science.....	1 unit	
Physical Education.....	1 unit	

SCIENTIFIC COURSE

(College Preparatory)

Required		Electives
English.....	4 units	French
Latin.....	2 units	Spanish
Modern Language.....	2 units	Mathematics
Social Science.....	3 units	Science
Mathematics.....	3 units	Music
Science.....	2 units	
Physical Education.....	1 unit	
Elective.....	1 unit	

Any student whose grade is 85 may carry a fifth subject with permission of the Directress.

SYLLABUS OF THE COURSE

RELIGION

(First Year)

The Commandments of God; Precepts of the Church; Sin; Virtue; Christian Perfection; Church History: First to the Tenth Century.

(Second Year)

Grace; the Sacraments; Sacramentals; Prayer; Church History: Tenth to the Seventeenth Century.

(Third Year)

Faith, its object, necessity, and qualities; the Apostles' Creed; Exercise of Teaching and Ruling Authority; Church History; Seventeenth Century to present time.

(Fourth Year)

The Doctrines of the Church: God in Unity and Trinity; the Creation; the Incarnation and Redemption; Grace; the Sacraments; the Last Things.

ENGLISH

(First Year)

Composition: written and oral; grammar; letter writing; special attention to Narration and Description.

Required Reading: Shakespeare, "Julius Caesar"; novels selected from the works of Scott, Dickens, Stevenson, Cooper, Benson, or Wiseman; narrative poems selected from the works of Tennyson, Longfellow, Coleridge, Scott, Lowell, or Whittier.

Supplementary Reading: Lamb, "Tales from Shakespeare"; Stevenson, "Travels With a Donkey"; Irving, "The Sketch Book"; and selections from other authors.

(Second Year)

Composition: written and oral; grammar; special attention to Exposition and Argumentation; letter writing.

Shakespeare: "As You Like It"; "Merchant of Venice".
Poetry: Selections.

Study of the Short Story: Stories selected from Dickens, Hale, Kipling, Stevenson, Poe, and others.

Supplementary Reading: Selections from the poems of Browning, Goldsmith, Johnson, Newman, Tennyson, Francis Thompson. Novels by any of the following: Benson, Crawford, Dickens, George Eliot, Hawthorne, Kipling, Scott or Stevenson.

(Third Year)

English Prose Composition: Short themes of various types, both oral and written. Formal English grammar; applied rhetoric.

Required Reading: Dickens, "A Tale of Two Cities"; Hawthorne, "The House of the Seven Gables"; Tennyson, "Lancelot and Elaine"; Shakespeare, "Henry V"; "King Lear".

Supplementary Reading: Milton, "Paradise Lost", Book I; Shakespeare, "Midsummer Night's Dream"; Thackeray, "Henry Esmond"; Newman, "Second Spring".

(Fourth Year)

Brief history of English Literature with a study of selections from the most important writers. Theme writing; oral composition and debating; applied rhetoric; letter writing.

Required Reading: Chaucer, "Prologue"; Shakespeare, "Macbeth"; Milton, "Paradise Lost", Book I; Macaulay, "Life of Samuel Johnson"; selections from Wordsworth, Shelley, Keats, Browning, and others; Garraghan, "Prose Types in Newman".

Supplementary Reading; wide selection of all forms of composition from the works of the authors studied and from modern literature.

SOCIAL SCIENCE (World History)

A brief outline of the history of the world. The Beginnings; the Ancient Civilizations; Medieval Civilizations; Discoveries, Reforms (1400-1600); Monarchical Governments; Revolutions; Modern World; World War; Our Own Time.

(Ancient and Medieval)

A brief outline of the Oriental Nations. History of Greece and Rome; Fall of the Western Empire; Summary of the Chief Events and Institutions of the Middle Ages.

(High School Geography)

Significant facts about the Earth; Land Forms; Water Bodies in relation to human activities; Soils and Minerals in relation to Man; Natural Vegetation and Climate in relation to Man.

(Modern History)

The Papacy and the Empire; the Institutions of the Middle Ages; the Rise of the Modern Nations of Europe; the Renaissance; the Protestant Revolutions; Political and Social Revolutions; Growth of Democracy; Modern World.

(Advanced American History with Civics)

Foundations of American History. Discovery; Exploration; Colonization; International Rivalries; Causes and Course of the Revolution; the Building of a new Nation; the Federal Constitution; the Federal Union; Growth of a National Spirit; Sectionalism; Civil War; Reorganization; the United States a World Power.

LATIN

(First Year)

Fundamental principles of Syntax. Easy readings.

(Second Year)

A modern textbook is used for a Second Year Course comprising selections from the mythological lore of the Greeks and Romans; the Roman in his Home; selections from Caesar's "Gallic War," Books I-VII. Grammar and Prose Composition based on the text.

(Third Year)

Cicero: Orations against Cataline, I and III; Pro Archia and Pro Lege Manilia. Ovid: Selections from the Metamorphoses. Prose composition based on the Cicero text.

(Fourth Year)

Vergil: Aeneid, Books I-VI. Study of the mythology and prosody in connection with the text. Prose Composition. The Philippics of Cicero.

FRENCH

(First Year)

Drill in pronunciation and verbs; fundamental principles of grammar; translation; dictation; conversation.

(Second Year)

Grammar: verb drill; dictation; easy composition; idioms; conversation. Reading: About three hundred pages of modern French prose.

(Third Year)

Grammar: idioms; dictation; conversation; poems memorized; composition. Reading: about four hundred pages of modern French prose and poetry.

SPANISH

(First Year)

Exercises in pronunciation; rudiments of grammar. Drill in regular and the more common irregular verbs; simple and compound tenses. Standard readers. Translation from simple English text into Spanish. Dictation; conversation.

(Second Year)

Grammar: Prose composition; dictation; letter writing; short oral reproductions in Spanish of current events, or stories read. Conversation. Reading from modern Spanish Authors.

(Third Year)

Drill in grammar; prose composition; dictation; letter writing. Original resumé of reading, oral and written. Conversation. Reading: Prose and poetry from classic and modern Spanish Authors. The study of Spanish Literature.

SCIENCE (Biology)

The course in Biology comprises instruction by lecture, demonstration, individual laboratory work, study of a standard textbook.

(Chemistry)

The course in Chemistry includes the study of a standard textbook, accompanied by lecture-demonstration and individual laboratory work. A laboratory record is kept of the observations made, and of the conclusions drawn. Visits are made to important industrial plants in the city.

(Home Economics)

Study of foods, their preparation, nutrition, and the planning of meals, from a standard textbook. Individual laboratory work and practical application of the principles of cooking, of which permanent records are required. Practical sewing and the choosing, cutting and making of simple garments by hand or on a sewing machine.

(Physics)

The course in Physics comprises instruction by lecture-demonstration, individual laboratory work, study of a standard textbook. The laboratory work consists of about fifty elementary quantitative experiments under the heads of Mechanics, Heat, Magnetism, Electricity, Sound and Light. The laboratory note book, which each student keeps, must contain a concise record of laboratory exercises.

MATHEMATICS

(First Year)

Algebra: Fundamental Operations, Factoring, H. C. F. and L. C. M.; Fractions; Graphs; Linear Equations; Simultaneous Equations; Square and Cube Root; Quadratic Equations; Ratio; Proportion; Miscellaneous Problems.

(Second Year)

Plane Geometry: Books I to V, inclusive (Theorems and Originals).

(Third Year)

Algebra: Simultaneous Quadratics; Graphical Representations; Progressions; Binomial Theorem; Involution and Evolution; Theory of Exponents.

(Fourth Year)

Solid Geometry; Plane Trigonometry.

MUSIC COURSE FOR CREDIT

Harmony: General study of elements, intervals, chords, analysis, modulation, musical form; original work required; sight singing.

History: Study of the development of music from beginnings to the present time; study of composers and their work.

Technical ability: Students must be able to pass the examination required for a certificate in the Preparatory Department of Music.

COMMERCIAL COURSE

To Academic students who desire it, a two year Commercial course is offered. Effort is made to impress upon students the importance of neatness, accuracy and a high degree of proficiency.

PREPARATORY AND PRIMARY DEPARTMENTS

The classes of the Preparatory and Primary Departments correspond to the eight grades of the Grammar School Course, and prepare the pupil for the Academic Course. The studies included are: Religion; Reading; Spelling; Arithmetic; English; Geography; United States History; Civics; Grammar; Hygiene; Penmanship; Drawing; Singing; Domestic Art.

Art and Music Departments

ART DEPARTMENT

The Art Course is modeled after the methods approved by the experience of the best Art Schools.

Regular instruction includes Perspective, Artistic Anatomy, Modeling, Drawing and Painting from casts and life.

The Studio, besides being furnished with all modern appliances for the furtherance of Art in every department, is kept informed of progress in the Art World; its Library showing the best methods and productions of the day.

DEPARTMENT OF MUSIC

It is the aim of this Department, by means of a thoroughly systematized course of instruction, to develop not merely a fluent technique, but what is of more importance, to train the mind to a proper understanding and appreciation of Music as an art rather than Music as a means to acquire mere digital dexterity, however much applause the latter may bring for the moment. To this end great attention is paid to the study of Theory, Harmony, Counterpoint, Musical History, and Biography, which branches are thoroughly taught throughout the course. Particular stress is also laid upon memorizing as a necessary means of developing true interpretation and expression. It is made one of the conditions for receiving both Certificate and Diploma. Examinations are frequently held throughout the year, and promotions made when advantageous to the pupil.

The Course in Music consists of the Preparatory, Intermediate, and Senior divisions. Upon the completion of each division, those students who have passed a satisfactory examination, and who are qualified to give a Recital of standard compositions, without notes, and in a creditable manner, are awarded a certificate of excellence.

Diplomas are awarded to those who satisfactorily complete the entire course in Violin, Piano, Organ, Harp or Vocal Department.

The Department has its own special Library, well equipped with an unusual number of works for study and reading, at the disposal of teachers and students, thereby promoting a more intelligent appreciation of the Art.

VOCAL DEPARTMENT

Private vocal lessons are given only to such students as are gifted with a good natural voice and sufficient talent to improve it by cultivation.

Physiology of the voice, correct use of breath, tone placement, study of articulation and pronunciation, are the leading features of the technical drill.

Musicals are held in the Music Hall, at which the students are required to render both instrumental and vocal music without the aid of notes.

The program is varied by recitations and the reading of original compositions, or such extracts from distinguished writers as the teachers may select.

Class of Nineteen Hundred Thirty

Diploma and Gold Medal for the Completion of the Course
Awarded to

Louise Anderson	St. Louis
Lucille Anderson	St. Louis
Margaret Barth	St. Louis
Elizabeth George Boehmer.....	Kirkwood, Mo.
Frances Manning Byrne.....	St. Louis
Suzanne Cartan Chassaing.....	St. Louis
Lelia Chopin	St. Louis
Harriet Costigan	St. Louis
Helen Genevieve Dowling.....	St. Louis
Inez Ann Fitzgerald.....	St. Louis
Carolyn Spencer Gray.....	St. Louis
Katherine Elizabeth Grover.....	Ferguson, Mo.
Margaret Ann Hammer	St. Louis
Virginia Hayes	St. Louis
Magdalena Healy	St. Louis
Mary White Hetherington.....	La Salle, Ill.
Lucille Catherine Huger.....	St. Louis
Ruth Elizabeth Karch.....	St. Louis
Imelda Kriegshauser	St. Louis
Rosemary L. Lane.....	St. Louis
Dorothy Marion Leahy.....	St. Louis
Mary Frances Mattis.....	St. Louis
Helen Mudd	St. Louis
Jane Myers	St. Louis

Madeline Perkinson	St. Louis
Mary Agnes Rielley	St. Louis
Frances Rankin Riley	St. Louis
Dorothy Elizabeth Royal	St. Louis
Josephine Bernetta Sanguinet	St. Louis
Alice Monica Schatzman	St. Louis
Helen Scott	St. Louis
Alicia Sexton	Milwaukee, Wis.
Rosemary Shaughnessy	St. Louis
Virginia Steinlage	St. Louis
Olive K. Stroh	St. Louis
Rosalie Stuart	St. Louis
Cecilia Elizabeth Tegethoff	St. Louis
Mary Angelique Trigg	St. Louis

Valedictorian
Elizabeth Boehmer